

FEDERACION ESPAÑOLA DE BADMINTON

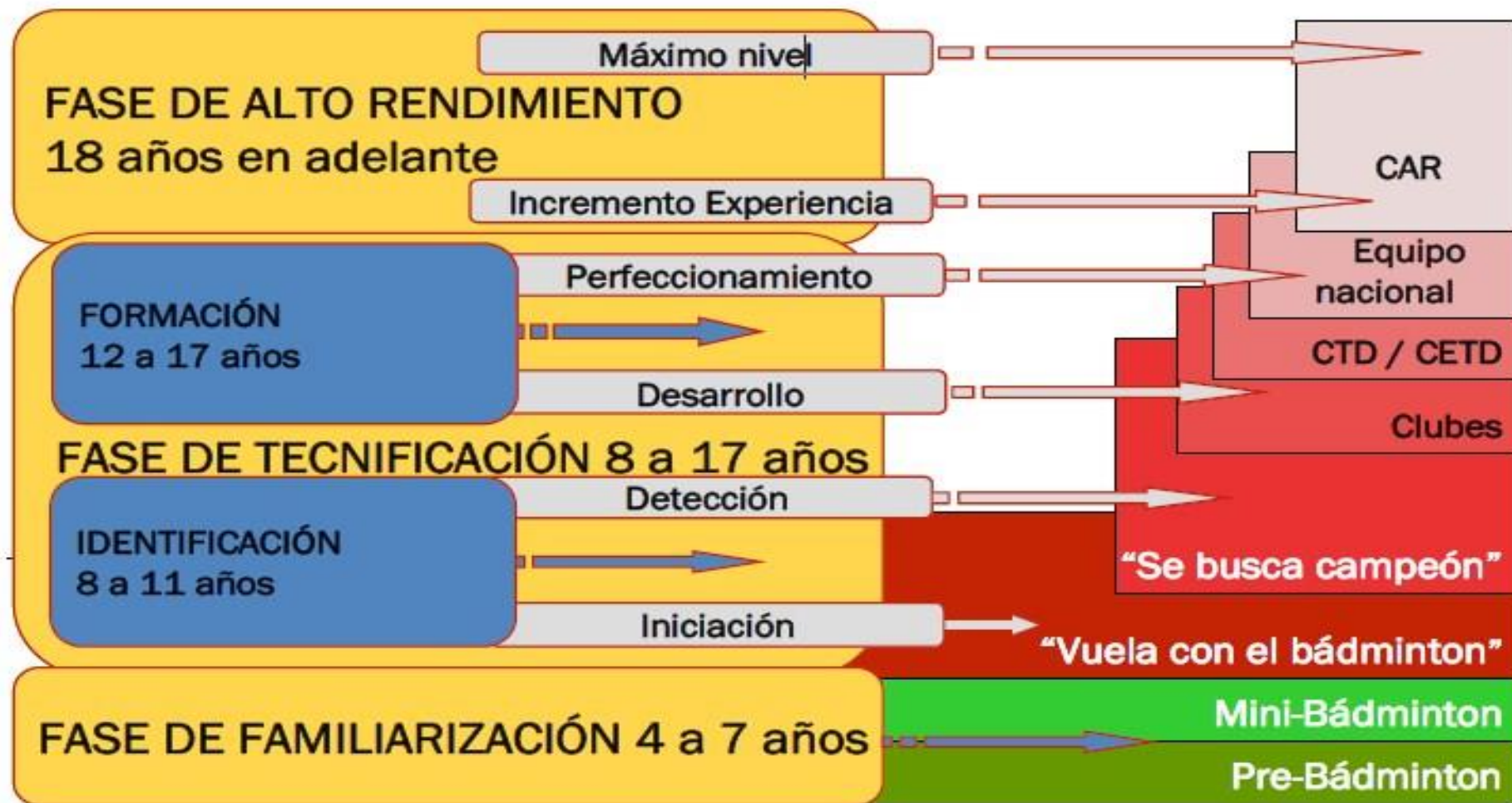


THE SPANISH WAY OF BADMINTON

PRESENTATION FOR CZECH REPUBLIC.

OSCAR MARTINEZ ©

SPANISH TECNIFICATION PROCESS

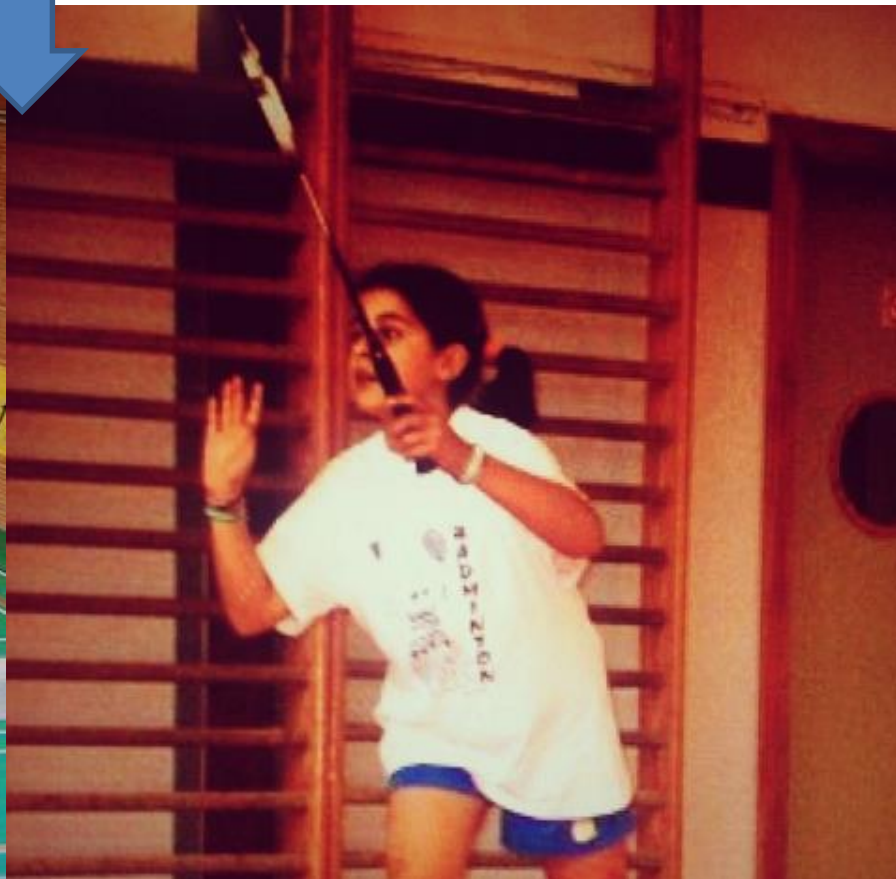


THE SPANISH WAY OF BADMINTON

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SPANISH TECNIFICACION PROCESS

HOW WE GO FROM HERE...



THE SPANISH WAY OF BADMINTON

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SPANISH TECNIFICATION PROCESS

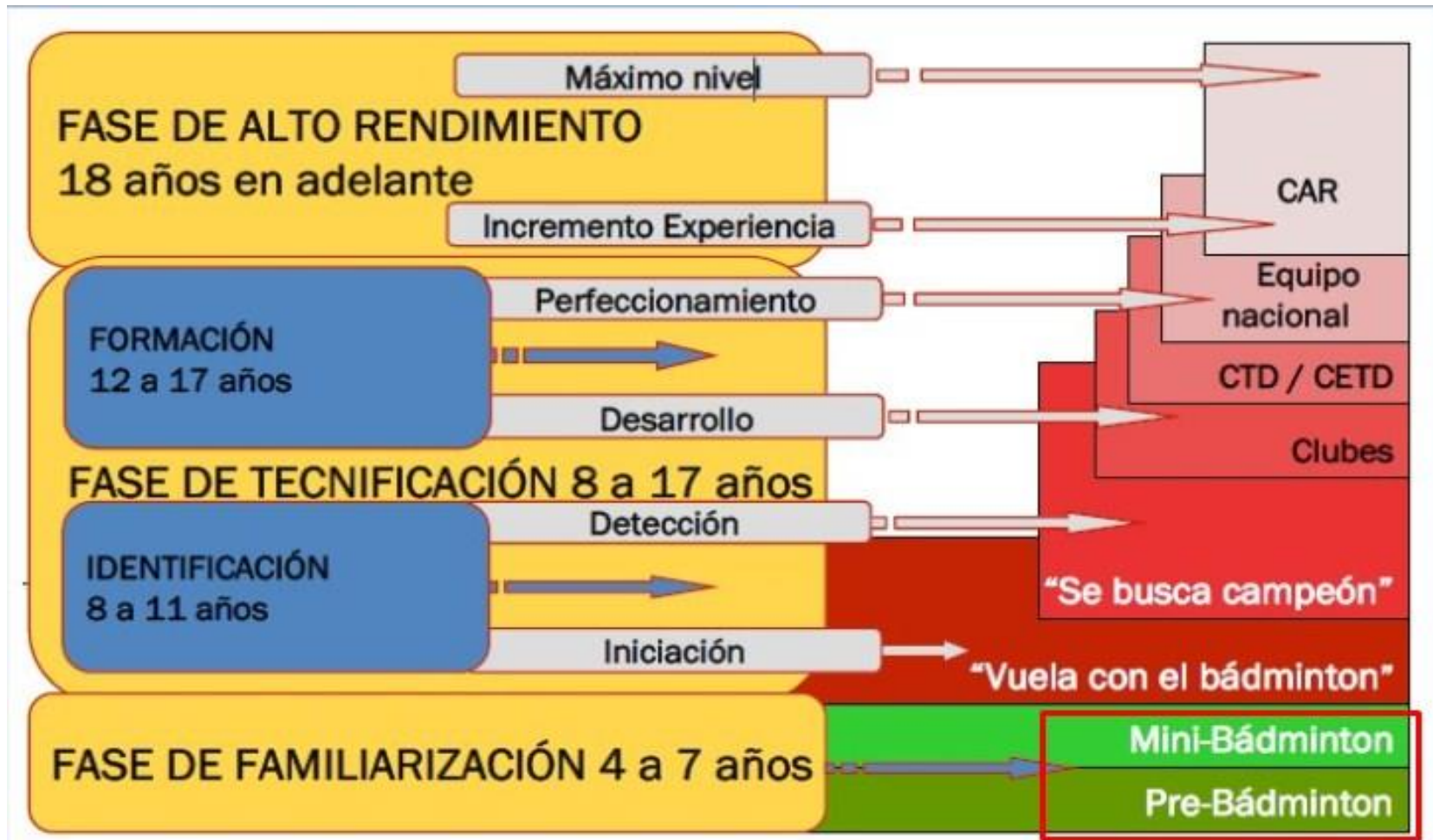
...TO HERE



THE SPANISH WAY OF BADMINTON

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STEP 1. PRE-BADMINTON & MINI-BADMINTON



STEP 1. PRE-BADMINTON & MINI-BADMINTON



THE SPANISH WAY OF BADMINTON

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STEP 1. PRE-BADMINTON & MINI-BADMINTON



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS!!!

STEP 1. PRE-BADMINTON & MINI-BADMINTON

What sports is
Spain good
worldwide?

STEP 1. PRE-BADMINTON & MINI-BADMINTON

OLYMPIC SPORTS

- Football
- Basketball
- Tennis
- Cycling
- Handball
- Hockey
- Fencing

NON-OLYMPIC

- Formula 1
- Motorcycling
- Golf

STEP 1. PRE-BADMINTON & MINI-BADMINTON ADAPTATIONS FOOTBALL VS. FOOTBALL 7



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS BASKETBALL VS. MINI-BASKET



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS TENNIS VS. MINI-TENNIS



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STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS

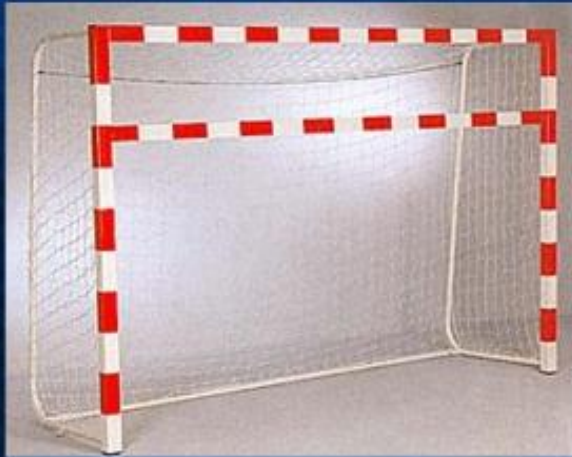
CYCLING VS. <<MINI-CYCLING>>



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS

HANDBALL VS. <<MINI-HANDBALL>>



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STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS

FENCING VS. <<MINI-FENCING>>



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS

GOLF VS. <<MINI-GOLF>>



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS

FORMULA 1 VS. MINIKART



STEP 1. PRE-BADMINTON & MINI-BADMINTON

ADAPTATIONS MOTO VS. MINIMOTO



STEP 1. PRE-BADMINTON & MINI-BADMINTON

BADMINTON.....SPANISH CHAMPIONS???

iii I can't...this racket is too big for me !!!



THE SPANISH WAY OF BADMINTON

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STEP 1. PRE-BADMINTON & MINI-BADMINTON

WHAT IS PRE-BADMINTON?

- It is the previous minibadminton stadium.
- Try to familiarize little ones (Under7 and Under9) with game elements in a playful and funny way.

DIFFERENCES WITH MINIBADMINTON

- In prebadminton there are no rules.
- Different games can be established, regulated, according to the objectives we want to work.
- The main work is the development of motor and coordination

MATERIALS

- We can use racket, but don't have to be specifically badminton rackets.
- Small rackets with cloth head are recommended, and balloons or indiacas instead of shuttles.
- It is important use additional material that encourages children (hoops, ropes, mats ...)
- Don't need badminton court, we can use a net along the surface and let the children play free and discover the way to play, so at the last stage of the prebadminton they will be able to play matches.

STEP 1. PRE-BADMINTON & MINI-BADMINTON

PREBADMINTON...SUGGESTION OF COURTS



STEP 1. PRE-BADMINTON & MINI-BADMINTON

PREBADMINTON...SUGGESTION OF MATERIALS



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STEP 1. PRE-BADMINTON & MINI-BADMINTON

PREBADMINTON...SUGGESTION OF MATERIALS



STEP 1. PRE-BADMINTON & MINI-BADMINTON

WHAT IS MINIBADMINTON?

- It is the adaptation of badminton sport for children under 12 Years old (Under 9 and Under 11).
- It's played in a reduced-size court compared to the standard badminton court.

WHAT ARE THE ADVANTAGES?

- Adaptations of the court allows proper learning technical elements.
- It is essential for the correct learning of the technique at the net that the net be positioned at an optimum height for the size of these players.
- The court, being shorter, allows make the technical movement of the clear and other backline movements with unreformed technique.

HOW IS THE SCORESYSTEM?

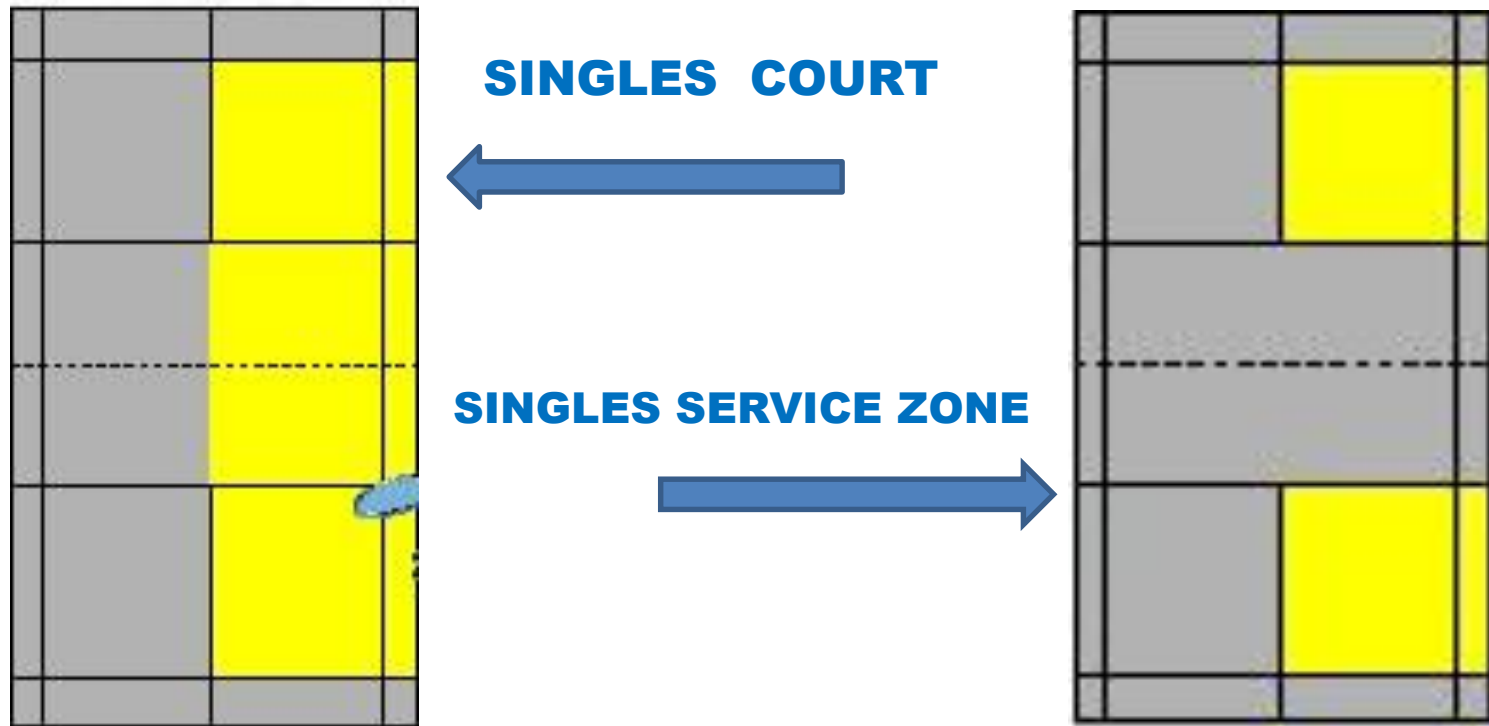
- It's played best of three sets of 15 points each. In case of a tie at 14 points must win by two, up to 21 points (if 20 is tied wins the first who reach point 21).
- Court is changed at the end of each set and in the third set when one of the two players get to point 7.

SPECIAL RACKETS AND NET?

- Minibadminton rackets are adapted and have shorter measures in the stick and the grip. There are different measures and each player can choose the one that best suits their characteristics.
- The net height is 1.30 meters for under-9 and Under-11

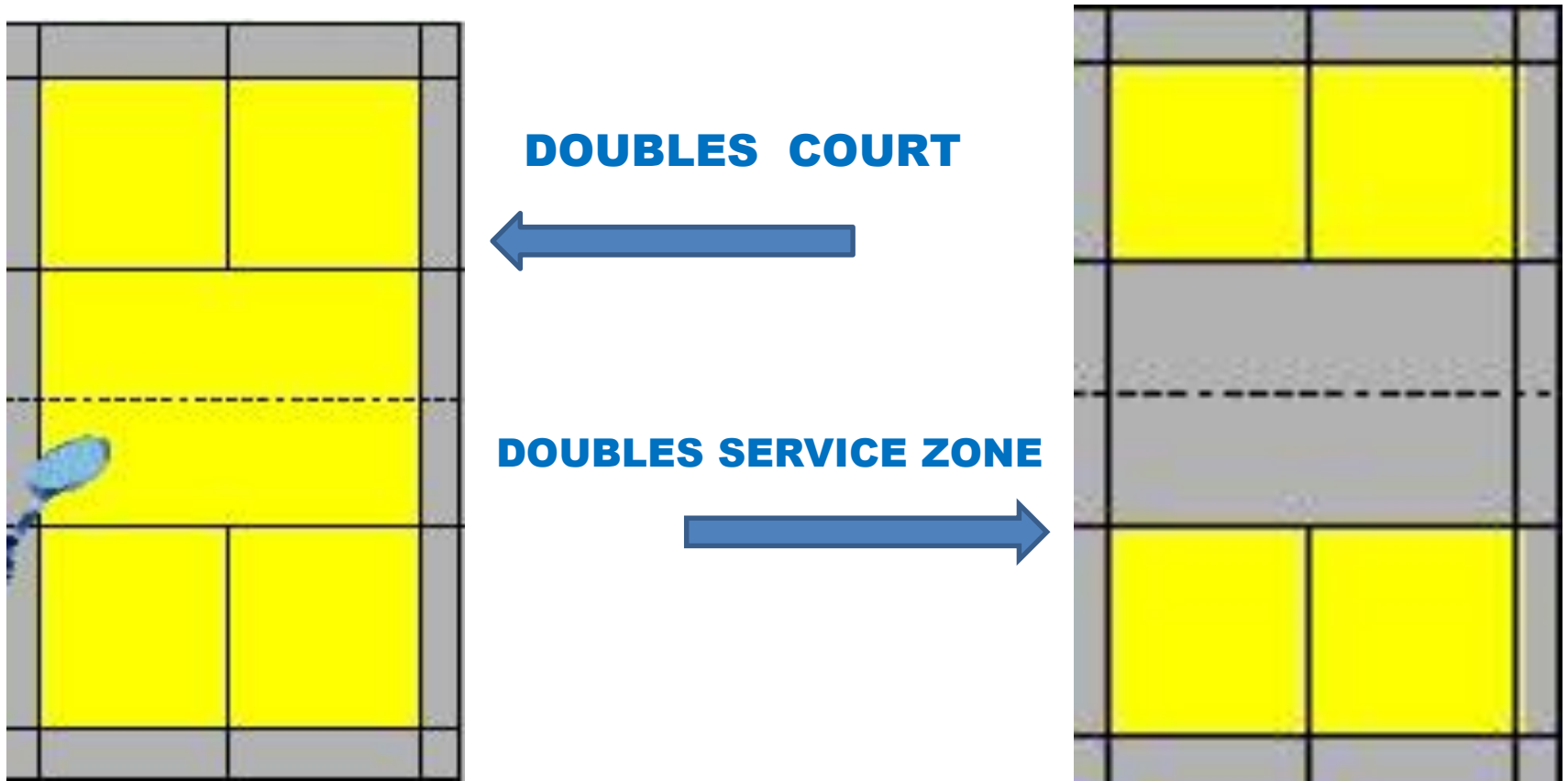
STEP 1. PRE-BADMINTON & MINI-BADMINTON

MINIBADMINTON COURT



STEP 1. PRE-BADMINTON & MINI-BADMINTON

MINIBADMINTON COURT



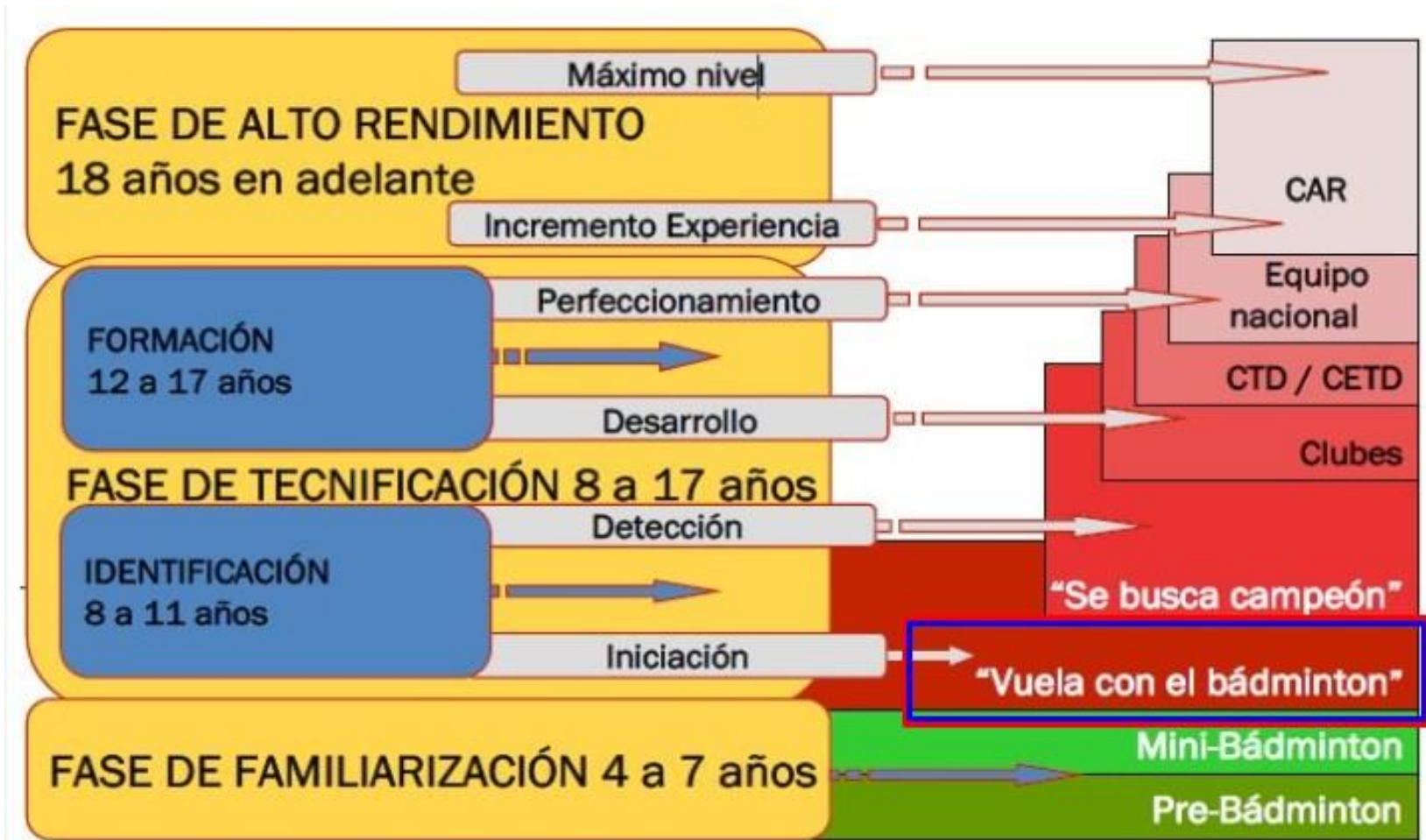
STEP 1. PRE-BADMINTON & MINI-BADMINTON

MINIBADMINTON NATIONAL SPANISH CHAMPIONSHIPS

<https://www.youtube.com/watch?v=UZ2UupGGiFI>

<https://www.youtube.com/watch?v=RUZdJKH2LZ8>

STEP 2. INITIATION. FLY WITH BADMINTON



STEP 2. INITIATION. FLY WITH BADMINTON

- It's a project of the Spanish Badminton Federation in collaboration with the Spanish Sports Council and some private companies.

GOALS

1. Introduce badminton in all the schools of Spain.
2. Facilitate the schools access to necessary material for the development of badminton (nets, rackets and shuttlecock, teaching materials)
3. Get the badminton as part of the physical education programs offered at the Secondary schools.
4. Provide physical education teachers the opportunity to improve their knowledge in badminton.
5. Achieving badminton as an integrating element of marginal minorities, without discrimination of disability, social, economic, cultural, etc..
6. To facilitate the introduction to racket sports through badminton.
7. Introduce both an individual and collective sport encouraging team-spirit and cooperation.
8. Create habits of physical activity and healthy living in students from Schools

STEP 2. INITIATION. FLY WITH BADMINTON

- The project started in 2007 inside the global project of the Spanish Sport Council called 'Sport in the School'.
- About 5.000 Schools and 144.000 students of all Spain have entered the project.
- In the first editions the Schools applied for the materials for free.

STEP 2. INITIATION. FLY WITH BADMINTON

8TH EDITION: PROYECT RESOURCES

**BASIC
PACK**

**PRICE
125€**



STEP 2. INITIATION. FLY WITH BADMINTON

8TH EDITION: PROYECT PRESENTATION



STEP 2. INITIATION. FLY WITH BADMINTON

8TH EDITION: PROYECT PRESENTATION



STEP 2. INITIATION. FLY WITH BADMINTON

8TH EDITION: PROYECT RESOURCES

- Manual for teachers
- 22 Lessons
- Videos
- BWF spent
300.000 euro
- Currently in 65
countries



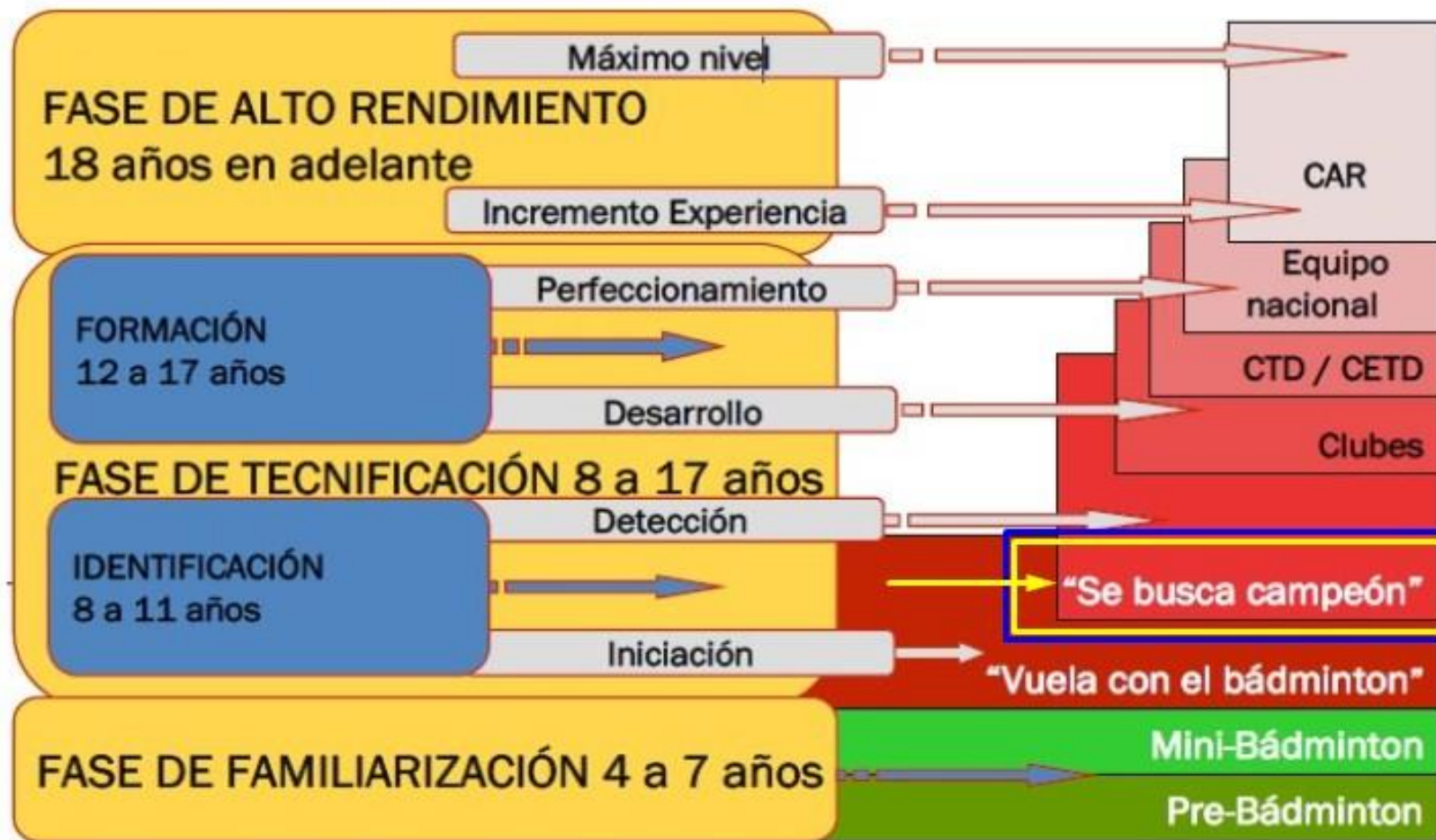
STEP 1. PRE-BADMINTON & MINI-BADMINTON

FLY WITH BADMINTON & SHUTTLE TIME VIDEO LINKS

<https://www.youtube.com/watch?v=eszppjoaVRQ>

<https://www.youtube.com/watch?v=4Bi4nLfv-xE&list=PL6B8041550579DA0A>

STEP 3. LOOKING FOR CHAMPIONS



STEP 3. LOOKING FOR CHAMPIONS

WHAT IS LOOKING FOR CHAMPIONS PROYECT?

- Is an ambitious project to capture and develop sporting talents at an early age that involves players between 8 and 12 years old. Currently performed in 13 regions, in close cooperation with the Territorial Federations of each region.
- The players training is complemented with the coaches development (currently the project involves 40 coaches) through the implementation of specific stages and clinics with domestic and foreign coaches, designed to optimize the work with the players.
- The main goal is to provide the players all the tools to get long-term good international results.

STEP 3. LOOKING FOR CHAMPIONS

- The development of players covers a broad process from the daily work in their clubs to national camps, through the activities programmed by each Territorial Federation.
- The Spanish Badminton Federation follows up the national players closely with regular technical-tactical activities and camps (local and national) where the improvement and progress of the players is evaluated.
- All players attending national and inter-regional camps the technical staff of Badminton Spain assign a level and give them a grip (according to their technical level) which shall be placed on his racket. Each level has associated technical content.
- There are a 'Looking for Champions' guide where all the levels and technical skills are explained.

STEP 3. LOOKING FOR CHAMPIONS

DEVELOPMENT OF 'LOOKING FOR CHAMPIONS' IN SPAIN

Started in 2006

- 9 Regions
- 36 Clubs
- 250 Players

In 2014

- 13 Regions
- 52 Clubs
- 546 Players



STEP 3. LOOKING FOR CHAMPIONS

THE LEVELS: BASIC

CONTENIDOS SE BUSCA CAMPEÓN

NIVEL		CONTENIDO TÉCNICO
BÁSICO	Nivel 1 Blanco	Saque Corto Revés Block Lob Drive
	Nivel 2 Amarillo	Drop Clear Kill

STEP 3. LOOKING FOR CHAMPIONS

THE LEVELS: EVOLUTION

EVOLUCIÓN	Nivel 3 Verde	Cortada de derechas Cortada de revés Topspin de derechas Topspin de revés
	Nivel 4 Morado	Lob atacante de derechas Lob atacante de revés Saque alto de derechas Saque Flick Revés
	Nivel 5 Rojo	Drop Cortado Paralelo Deceptive Drop Paralelo Remate Defensa en el cuerpo

STEP 3. LOOKING FOR CHAMPIONS

THE LEVELS: CHAMPION

CAMPEÓN	Nivel 6 Azul	Drop Cortado Cruzado Saque corto de revés profundo Deceptive Drop Cruzado
	Nivel 7 Naranja	Delayed Clear Defensa cruzada de derechas Defensa cruzada de revés Dejada cruzada de derecha Dejada cruzada de revés
	Nivel 8 Negro	Deceptive lob de derecha Deceptive lob de revés Barrido de derechas Barrido de revés Delayed Drop

STEP 3. LOOKING FOR CHAMPIONS

THE LEVELS: PLAYER NOTEBOOKS



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STEP 3. LOOKING FOR CHAMPIONS

THE LEVELS: GRIPS



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STEP 1. PRE-BADMINTON & MINI-BADMINTON

LOOKING FOR CHAMPIONS VIDEO LINKS

<https://www.youtube.com/watch?v=9X3tkpxhWc&feature=youtu.be> (BWF 10:30min.)

<https://www.youtube.com/watch?v=YKaSxCCDBJc>